



## National Service Scheme

Ramkrishna Mahato Government Engineering College, Purulia  
(Formerly Purulia Government Engineering College)

### Report on Fit India Movement'(18January,2020)

The Fit India Movement is a nation-wide campaign that aims at encouraging people to include physical activity and sports in their everyday lives. On the occasion of the National Sports Day, the Fit India Movement has been launched by our Honorable Prime Minister Shri, Narendra Modi. It has been launched at Indira Gandhi Stadium, New Delhi on 29.08.2019 which is also the birth anniversary of famous Indian hockey legend Major Dhyhan Chand.

To promote Fit India Movement a Cycle Rally also known as FIT INDIA SAKSHAM RALLY was organized by Ramkrishna Mahato Government Engineering College, Purulia on 18<sup>th</sup> January, 2020 (Saturday) in a very grand manner (as per the G.O. vide **F.NO-P-65-1/RD/NSS/KOL/FIT INDIA/2019-2020** issues by *Ministry of Youth Affairs & Sports, Department of Youth Affairs, Regional Directorate of NSS, Govt, of India*). This programme was inaugurated by our chief guest Miss. Anushree Mahapatra, a social worker and the chief functionary of Bartar Saradmoni Mission, Purulia. The Rally was started in the morning at 9:00 A.M onwards from the college premise and end route to Chas More and finally end to the college premise, covered about 5kms About 100 students were participated in this rally from different college and school across the villages of Joypur, Purulia. Students gave Slogans like 1) Forever Fit, Forever Strong, 2) Health is wealth, 3) Healthy mind in a healthy body, 4) Stay fit, stay healthy and build a new India, 5) Don't stop till you drop! 6) Live life, love fitness, etc. to be physically fit.

The Rally was conducted by Mr. Santigopal Maity, Programme officer of the NSS unit (Assistant professor of Electronics and Communication Engineering Department), Mr. Biswajit Sing Sardar (Assistant professor of Mechanical Engineering Department) with the help of college students and college staffs. After the Rally students are taken into the class room and the programme was going forward by some inspirational thoughts of our chief guest and teachers. They inspired the youth by their valuable speeches about the importance of fitness in daily life. As they are the future of India they have to be fit and active always. At the end some healthy Tiffin items like bananas, cakes, fruits and eggs are distributed among all the students and staffs. This programme was a grand success in RKMGEC. The news regarding the said Rally has been published in the following link <https://link.publicapp.co.in/fTbz>



Inauguration of FIT SAKSHAM RALLY (18.01.2020)

